

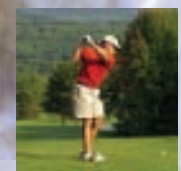
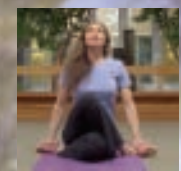
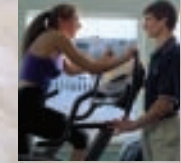
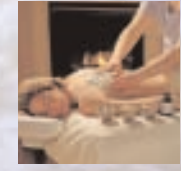


One-on-One Personal Services

Our professional staff of personal trainers, fitness instructors, nutritionist, salon staff and massage therapists are here to help you to rejuvenate, feel better, and reach your fitness goals



Vacation in Luxury Everyday



Spa
Magazine
Voted Top 10 Spas
healthy weekend getaways

SKI
THE MAGAZINE OF THE WEEK
One of the Top Six Spas
in Ski Country

Spa finder
Voted Top 10 Spa for Yoga,
Winter Sports, & Men

E L L E
Magazine
Voted one of the nation's
top 14 spas

Four Diamond
AAA *Award*

These awards are indicative of the kind of luxury, attention to detail, superior service and privileges you'll enjoy with your membership to The Club at Stowe.



P.O. Box 369, Stowe, Vermont 05672
www.spaastoweflake.com 800-253-2232 802-760-1083

Membership and Rates

The Club at Stoweflake

The Club offers you the chance to Vacation in Luxury Everyday.

The luxurious Stoweflake Mountain Resort & Spa invites you to become part of its exclusive Club membership program. The program offers many choices, from the all-inclusive Platinum Membership to the midweek Sports & Wellness Center Bronze Membership.



Numerous membership benefits include use of our world-class Spa, award-winning dining, year-round swimming pools, five fitness centers, professional golf facilities, tennis, squash/racquetball, exclusive offers, discounts and much more! The Club offers over 60 group fitness classes and activities weekly. Located on Stowe's Recreation Path, The Club also sponsors year-round outdoor activities, including mountain biking, roller blading, cross-country skiing, snowshoeing and Nordic Walking.

The Spa

Acclaimed as one of the top spas in the country, the Spa at Stoweflake is designed to provide the ultimate in relaxation and rejuvenation.

Spa features include:

- Sanctuary Lounges: Exclusive men and women's tranquil retreats, each with fireplace, comfortable chaises and beverage/fruit bars; also includes separate whirlpool, steam room and sauna
- Co-ed Aqua Solarium: A magnificent room with panoramic views of Mt. Mansfield, Bingham Hydrotherapy Waterfall, Hungarian Mineral Soaking Bath and relaxing deck chaises
- Treatment Rooms: 31 luxurious treatment rooms offering over 120 spa treatments
- Salon: A stylish salon for soothing pedicures, manicures and complete hair care
- Meditative Labyrinth: A spectacular 10,000 sq. ft. garden featuring a specially crafted Labyrinth and Solarium per Aqua water sculpture
- Elements: Retail store featuring spa products to recreate the spa experience in your own home

Our spa staff is always on hand to anticipate and attend to your every need.



The Sports @ Wellness Center

The Center offers endless indoor and outdoor activities, plus a comprehensive schedule of wellness and fitness classes. The facility offers everything for both the casual exerciser and serious athlete.

The Sports & Wellness Center features:

- Five fitness studios: State-of-the-art Spinning™ studio, Yoga/Aerobic Studio, Women's Fitness Center, Cybex Cardio & Weight Studio and Stretching Room- plus over 60 classes per week.
- Stowe's only racquetball/squash court
- Year-round indoor and outdoor pools and an outdoor Jacuzzi with radiant heat pool decks
- Professional golf practice facilities, including a par-3, nine-hole course, practice range and putting green
- Hard-Tru Clay tennis courts
- Lawn games, including croquet, volleyball, horseshoes and badminton
- 5k of groomed, winter trails on property for cross-country skiing, snowshoeing or nature walks
- Spa Poolside Café: Seasonal indoor/outdoor café serving Spa Cuisine, other healthy menu items and a variety of beverages



Please visit www.spaatstoweflake.com to learn more and sign up for your exclusive membership to The Club. Vacation in Luxury Everyday!

