



SPA SERVICES

Traditional Massages & Bodywork

Aromatherapy Massage	\$140/\$190	50/80 min.
Deep Tissue Massage	\$145/\$195	50/80 min.
Deep Tissue Targeted Massage	\$90/\$145	25/50 min.
Well-Being Massage	\$135/\$185	50/80 min.
Craniosacral Therapy	\$140	50 min.
Reflexology	\$80/\$135	25/50 min.
Maternity Massage	\$135/\$185	50/80 min.

Stoweflake Body Treatments

Sweet Orange & Aloe Gel Exfoliation	\$140/\$190	50/80 min.
Salt Glow	\$80/\$130	25/50 min.
Mountain Mud Massage	\$150/\$200	50/80 min.
Executive Stress Reliever	\$85/\$140	25/50 min.
Vermont Maple Sugar Polish	\$205	80 min.
Heaven & Earth	\$140	50 min.

Eastern Bodywork

Shiatsu Massage	\$140	50 min.
Reiki	\$140/\$190	50/80 min.

FITNESS & WELLNESS SERVICES

Exercise Prescription	\$75	50 min.
Personal Training	\$75	50 min.
Assisted Stretch	\$50	30 min.
Body Composition	\$50	30 min.

SALON SERVICES

Hair Services

Women's Cut & Style	\$65+	50 min.
Men's Cut	\$35+	25 min.
Children's Haircut (12 and Under)	\$35+	25 min.
Wash and Style	\$55+	
Single Process Color	\$90+	120 min.
Double Process Color	\$120+	120 min.
Partial Highlights or Lowlights	\$110+	120 min.
Highlights or Lowlights	\$150+	180 min.
Balayage	\$160+	180 min.

SALON SERVICES

Nail Services

Aromatherapy Manicure
\$50/50 min.

Aromatherapy Pedicure
\$70/50 min.

Sports Pedicure
\$70/50 min.

Polish Change
\$20/30 min.

Shellac Removal
\$20/30 min.

French Nails Upgrade
\$10

Rejuvenating Salon Services

Facial For The Hair
\$65/50 min.

Conditioning Hair Treatment
\$30/25 min.

Scalp Treatment
\$30/25 min.