



## SPA SERVICES

### Traditional Massages & Bodywork

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Aromatherapy Massage	\$140/\$190	50/80 min.
Deep Tissue Massage	\$145/\$195	50/80 min.
Deep Tissue Targeted Massage	\$90/\$145	25/50 min.
Well-Being Massage	\$135/\$185	50/80 min.
Craniosacral Therapy	\$140	50 min.
Reflexology	\$80/\$135	25/50 min
Maternity Massage	\$135/\$185	50/80 min.

### Stoweflake Body Treatments

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Sweet Orange and Aloe Gel Exfoliation	\$140/\$190	50/80 min.
Salt Glow	\$80/\$130	25/50 min.
Salt Glow	\$190	80 min.
Mountain Mud Massage	\$200	80 min.
Executive Stress Reliever	\$80/\$140	25/50 min.
Vermont Maple Sugar Polish	\$205	80 min.
Heaven & Earth	\$140	80 min.

### Eastern Bodywork

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Shiatsu Massage	\$140	50 min.
Reiki	\$140/\$190	50/80 min.

## FITNESS & WELLNESS SERVICES

Exercise Prescription	\$75	50 min.
Personal Training	\$75	50 min.
Assisted Stretch	\$50	30 min.
Body Composition	\$50	30 min.



## SALON SERVICES

### Nail Services

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Aromatherapy Manicure	\$50	50 min.
Aromatherapy Pedicure	\$70	50 min.
Sports Pedicure	\$70	50 min.
Express Manicure /Pedicure	\$20	30 min.
Shellac Removal	\$20	30 min.
French Nails Upgrade	\$10	

### Hair Services

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Women's Cut & Style	\$65+	50 min.
Men's Cut	\$35+	25 min.
Children's Haircut (12 and Under)	\$35+	25 min.
Wash and Style	\$55+	
Single Process Color	\$90+	120 min.
Double Process Color	\$120+	120 min.
Partial Highlights or Lowlights	\$110+	120 min.
Highlights or Lowlights	\$150+	180 min.
Balayage	\$160+	180 min.

### Rejuvenating Salon Services

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Facial For The Hair	\$65	50 min.
Conditioning Hair Treatment	\$30	25 min.
Scalp Treatment	\$30	25 min.