

# CHARLIE B'S Pub & Restaurant

*Good morning!*

*Rumor has it that Charles Baraw Sr., proprietor of the Stoweflake, named "Charlie B's Pub & Restaurant" after himself. In actuality Charlie B's is named after Charles Henry Baraw, the father of Stuart Winfield Baraw Sr., and the grandfather of Charles Sr.*

*Charles Baraw (the original "Charlie B") was born in Westfield, Vermont, in 1873. In 1903, Charles and his wife Bertha, bought a farm in Chelsea Valley, Vermont where they raised child, Stuart Winfield Baraw. Stuart, with his wife Beatrice, started the Stoweflake Inn in 1963.*

*The Folks in Chelsea still remember Charlie B's "sugaring-off" parties every spring, when friends came to celebrate spring and another year's harvest. This tradition of good times, good food, and good friends continues today as "Charlie B's Pub."*

*A warm welcome from the Baraw family!*



All breakfast entrees can be prepared with egg beaters or egg whites and are served with home fries & choice of toast. All entrees include choice of coffee, tea or juice.

## *Mountain Road Specialties*

### **The Lift Line Omelet Selection 12**

*3 Farm Fresh Eggs, select from the ingredients below:*

Filled with your choice of: Ham, Bacon, Sausage, Shaved Sirloin, Chicken Sausage, Spinach, Mushrooms, Tomatoes, Onions, Peppers, Cabot Cheddar, Swiss, American, Local Goat Cheese

### **Black Diamond Benedict 14**

Two Poached Eggs over an English Muffin or Gluten Free Toast, topped with fresh Hollandaise Sauce and your choice of: Canadian bacon, Smoked Salmon, Corned Beef Hash or Tomato & Spinach

### **The Nose 11**

Two Farm Fresh Eggs served with Home Fries and your choice of: Apple-Wood Smoked Bacon, Maple Sausage or Chicken Sausage, Substitute for Ham Steak \$2

### **The Chin 14**

Two Eggs served any style, with your choice of a Biscuit topped with Gravy or a Short Stack of Pancakes, and your selection of Maple Sausage, Bacon or Chicken Sausage, Substitute for Ham Steak \$2

### **The Powder Day Express 8**

One Egg served any style, with your choice of a Sausage, Bacon or Canadian Bacon and Cheese, in a Bun, served with a side of Home Fries

Consuming raw or undercooked meats, poultry, eggs, seafood or shellfish may increase your risk of foodborne illness, especially if you have certain medical conditions.

## *The Warming Hut Selections*

### **House Made Hot Cakes\* 9**

Three Fluffy Pancakes served with Vermont Maple Syrup

\*Also available Gluten Free

### **The Choco Pancakes 11**

Three Chocolate Chip Pancakes served with Vermont Maple Syrup

### **Charlie B's Super Berry Pancakes 12**

Three Fluffy Blueberry or Strawberry Pancakes served with Vermont Maple Syrup

### **Crispy Belgian Waffle 12**

With Strawberry Compote & Vermont Maple Syrup

### **Vermont's French Toast\* 9**

Soaked in a Vanilla Egg Batter, pan fried and served with Vermont Maple Syrup, made with Whole Wheat Bread

\*Also available Gluten Free

## *Inspirations Lift*

### **Assorted Cereals or Granola with Milk 4**

### **Bowl of Fresh Berries, or Fruit Cup 5**

### **Oatmeal with pecans and raisins, topped with Brown Sugar 5**

### **Parfait layered with Yogurt, Blueberries, Granola & Mixed Berry Compote 5**

### **Fruit Plate 9**

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## *A La Carte*

One Egg 3

Home Fries 3

Assorted Yogurt 4

Bacon, Sausage, Canadian Bacon, Chicken Sausage 3

Toast, English Muffin, Bagel, Gluten Free Bread 3

Ham Steak 5

Corn Beef Hash 4

Biscuit with House Made Gravy 4

½ Plain Grapefruit 4

Assorted Selection of Muffins 3

Sliced Banana 3

## *Drinks*

Coffee, Tea, Milk, Juice or Soda 3

*Juice selection includes: Orange, Apple, Cranberry, Grapefruit, Pineapple & Low Sodium V-8*

Mimosa 10

Bloody Mary 9



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